

Drowning Prevention



Drowning is the
#1 Cause of
Unintentional
Death

For Children 1 to 4
Years of Age

A Drowning Can Occur:

- In as little as 2” of water
- In just seconds
- And is often silent

YOU CAN PREVENT DROWNING:

- Enroll in Swimming Classes and Water Safety Skills
- Install Fences That Fully Enclose the Pool
- Remove Toys From the Pool Area That Might Attract Children
- Supervise Children Closely
- Wear Life Jackets When Boating
- Choose Swimming Sites That Have Lifeguards
- Use the Buddy System
- Consider the Effects of Medications
- Learn CPR

Scan QR codes to see infant and adult/child CPR videos.



Infant
CPR Video



Adult/Child
CPR Video



RESOURCES FOR WATER SAFETY:

- **EveryChildASwimmer.org**
Swim schools that provide scholarships
- **WaterSmartBroward.org**
Apply for a swim voucher available to Broward county residents
- **WaterSmartFlorida.org**
Additional water safety resources
- **MHS.net/InjuryPrevention**

Scan QR code to read Joe DiMaggio
Children’s Hospital blog:

Learn more about
swim lessons and
keeping your kids safe.

